

October 21, 2011

Dear Parents and Guardians,

As the school year comes around to those days, when we celebrate, please be mindful of this year's list of allergies. If the function involves the whole school, please refer to the complete list of food allergies. If the function involves only your child's class, please refer to the teacher for direction. The teacher should be telling the room mothers exactly what to bring. Please don't bring anything that a teacher hasn't requested for food, because he or she knows what is safe for his or her individual class.

For whole school events, please take a moment and write all ingredients on an index card, so we can include that information with your pastries for the children with allergies to reference for safe choices.

For whole school events, please be sure to include snacks that are carbohydrate-free for those students who are unable to add carbohydrates to their daily intake.

I thank you for your assistance in keeping our school functions safe and enjoyable for all the children at St John's School. Please remember, we remain a nut and fish sensitive school, so please do not include these ingredients in anything being served at St. John's School. Please call me with any questions or concerns and I will get back to you. My number is 978-531-0444, extension 319.

With best wishes,

Eileen Braley, RN