

List of Allergies at St. John the Baptist School

2011-2012

Soybean	Apple Juice	Peanuts
Malt	Apple Sauce	Tree Nuts
Wheat	Apple Cider	Cashews
Oats		Almonds
Sunflower seeds	Beef	Walnuts
Sesame seeds	Goat	Pistachios
Soy	Bison	Pecans
Gluten	Venison	Peanut Butter
Rye		
Lettuce	Shellfish	Red Dye
Pears	Haddock	Pepperidge Farm Cheese Sticks
Fruit Juice	Trout	Pizza
Tomato		
Strawberries		
Cucumber	Dairy (butter, cream, yogurt, ice cream, milk, cheese, casein, non-fat	
Pickle	Milk dry milk)	
Tartar sauce	Lactose	
Apples	Eggs	
Apple Cider Vinegar	Cheese	