

September, 2011



Dear Parents,

As you know we are now a **completely nut-free** school. We are now a **completely fish-free** school as well. We have many children who have severe reactions to nuts and fish, which could be life-threatening. In an effort to provide a safe environment for all our children we would like to remind you of these school policies.

- Please remember to be aware of products you send in with your child for lunch or snack. Products containing any nuts or peanut oils (even traces) or any type of fish or fish oils should not be sent in. Lingering oils on desks, tables and other surfaces can cause a reaction for some children. On the reverse side of this letter, we have listed some “safe snacks” to help make your shopping a little easier. It is always best to read the labels on a product before sending a snack with your child.
- If you have a snack which would be shared with the school-wide community at an event, please make sure it does not contain nut or fish products. This includes: peanuts, hazelnuts, pecans, walnuts, almonds, pistachios, cashews, brazil nuts, etc. or any cross-contaminated products. Many products contain traces of nuts which you can find out when reading the product labels. For example, Gummy Bears, which may seem perfectly harmless, may in fact, contain traces of nut. Also remember that anything with peanut or fish oils should not be used either.
- If you are organizing an after school event on school or church property, please remember to avoid the use any fish products, peanut butter, nuts, etc. for craft or snack.

The safety of every child is important to us. We do not wish to isolate these children and are asking for your support to embrace these children as part of our important SJS family and make a safe environment for all.

If you have any questions, please contact us at (978) 531-0444. Thank you for your cooperation.

Maureen Kelleher,
School Principal

Eileen Braley,
School Nurse

I have read the nut free/fish free safety letter. I understand the severity of the problem and will do my part to insure the safety of those adults and children who are affected by this situation.

Family Name _____

Parent Signature _____

Date _____

Please sign and return this entire page to the school office by Monday, September 12, 2011