

Food Allergies At Saint John the Baptist School Year 2010-2011

If your donation contains any of these ingredients, please send with an attached index card indicating which ones you used, so the children can make safe choices.

Please note, the following list can also be found on the Saint John's website for your reference.

NO NUTS OF ANY KIND, NO PEANUT BUTTER
NO FISH OF ANY KIND
NO PRODUCTS MADE IN PLACES WHERE NUT PRODUCTS ARE PROCESSED. See ingredients label for this information.

SOY
WHEAT
EGGS
MILK
DAIRY (MILK, CHEESE, YOGURT, CREAM, BUTTER,)
BEEF, GOAT, PORK
GINGER
LEMON
LACTOSE
LETTUCE
MALT
PEARS, BLUEBERRIES, APPLES, STRAWBERRIES,
CANTELOPE, HONEYDEW MELON, ORANGES
SPINACH
PEANUTS, TREE NUTS, (WALNUTS, HAZELNUTS,
PEACANS, CASHEWS, ALMONDS, PISTACHIOS,
COCONUTS)