



Suggested Resources for the Loss of a Child

Books for Adults Dealing with the Loss of a Child

Abbott, Susan Shibley. **Lessons**

For any parent who has lost a child to a terminal illness.

Bernstein, Judith. **When the Bough Breaks: Forever After the Death of a Son or**

Daughter A sensitive exploration through the concept that parents don't recover from the loss of a child, they adapt. Offers ways to re-build your life.

Finkbeiner, Ann. **After the Death of a Child: Living with Loss through the Years**

A comforting book that examines the continuing love a parent feels for their child and ways to preserve that bond even after death.

Fumia, Molly. **Living Through the Grief of Miscarriage, Stillbirth or Infant Death**

Author chronicles the death of her son, while embracing the emotional journey of grief and healing.

Housden, Maria. **Hannah's Gift**

A heartwarming and detailed account of a mother's grief. This is a beautifully written story about the impact that three year old Hannah's life and death has had and continues to have on a family and community that had to deal with a child's terminal cancer. A sensitive, realistic and descriptive book that describes the pain and suffering of death, dying and grief. Through one mother's journey, the reader will discover a newfound view of spirituality, truth, humor, hope and the special gifts of life and death.

Maurer, Linda. **Standing Beside You- A Book for Bereaved Parent**

Hope and encouragement for the future. Deals with death of an only child.

McCracken & Semel. **A Broken Heart Still Beats: After Your Child Dies**

A collection of writings exploring the death of a child, including works from Wm. Shakespear, Albert Camus, and Raymond Carver.

Mehren, Elizabeth. **After the Darkest Hour, the Sun Will Shine Again**

A bereaved mother tells her story and the story of others. Describes grief as a transforming journey.

Rosof, Barbara. **The Worst Loss: How families heal from the death of a child**

A practical book by a child psychotherapist who has worked with several bereaved families.

Schiff, Harriet. **The Bereaved Parent**

A classic book written by a bereaved mother for parents whose child has died and for all who want to help them.

Wiitala, Geri. **Heather's Return: The Amazing Story of a Child's Communications from**

Beyond the Grave A sincere search for meaning after the loss of a child. Deals with religious questioning and the power of coincidence after the author's daughter dies from a cancer-related infection.

Wolfelt, Alan. **Healing a Parent's Grieving Heart- 100 Practical Ideas**

Compassionate advice and simple activities to help parents understand and reconcile their grief.

Books for Children Dealing with Death of a Sibling

Greene, Constance. **Beat the Turtle Drum**

A thirteen year-old deals with the death of her sister.

Gryte, Marilyn. **No New Baby**

For siblings who have a baby die before birth. Ages 4-8 years.

Johnson, Joy & Marv. **Where's Jess?**

A short, simple story to help children ages 2-5 years cope with infant sibling loss.

Rothman, Juliet. **A Birthday Present for Daniel**

A young girl seeks to understand and validate her feelings after her brother dies.

Sims, Alicia. **Am I still A Sister?**

An 11 year-old girl tells the story about her brother who died from brain cancer.

Temes, Roberta. **The Empty Place**

A third grader's sister dies of a serious illness and bonds with his babysitter whose brother died in an accident. For ages: 7-12 years.

Turner, Barbara. **A Little Bit of Rob**

A heart-warming story about a girl's brother who died. Deals with children trying to keep their grief-related feelings from their parents. Ages 5-9 years.

Yeomans, Ellen. **Lost and Found**

A young girl searches for comfort and meaning after her sister dies.

Additional Resources

A Place to Remember 1-800-631-0973 <http://www.aplacetoremember.com>

Supportive materials and resources for those who have been touched by a crisis in pregnancy or the death of a baby.

BabySteps 905-707-1030 <http://www.babysteps.com>

Not for profit organization dedicated to supporting bereaved families and raising funds for research into childhood illnesses and treatments. Helpful resources. Toronto, Canada.

Bereavement Magazine 1-888-60-4HOPE <http://www.bereavementmag.com>

Support network in print six times each year.

Bereaved Parents <http://www.bereavedparents.com>

Forum, chatroom and helpful information and poems for bereaved parents. Started as a support network by the parents of a son that died at the age of three years from a diaphragmatic hernia.

Beyond Indigo <http://www.death-dying.com>

One of the web's leading sources of information on grief, grieving, death and dying. Grief support, products and services for individuals and companies who assist people who are grieving.

Chai Lifeline 1-877-CHAI-LIFE <http://www.chailifeline.org>

An extensive network of free programs and services designed to help every member of the family cope during this time of crisis. Counseling centers in NY and regional offices around the country and in London and Israel. Especially servicing the Jewish community.

Compassionate Friends 1-877-969-0010 <http://www.compassionatefriends.org>

Nonprofit, self-help support organization that offers friendship and understanding to bereaved parents, grandparents and siblings. There is no religious affiliation and there are no membership dues or fees. Local chapters around the USA and Canada. Online forum/newsletter and annual conferences.

Emily's Rhabdoid Page. http://home.eol.ca/~sylvest/emily/emily_home.html

Memorial page dedicated to a three year old who died with a Rhabdoid brain tumor. Very good links.

GriefNet www.griefnet.org

An internet community of persons dealing with grief, death, and major loss.

Grief Warehouse <http://www.griefwarehouse.org>

Non-profit warehouse of information for parents who are coping with the death of their child. A wonderfully compassionate website dedicated to education and support for bereaved families.

Hoping Skills Company, LLC www.HopingSkillsCompany.com 1-888-815-HOPE

Meaningful products and compassionate services that guide inner strength and encourage self-expression. Exclusive grief-related products and services designed by a bereaved mother and child life specialist. On-line resources including serious illness and grief-related links and bibliographies.

Kota Press 206-251-6706 <http://www.kotapress.com/FrameLoss.htm>

Sensitive, yet comprehensive online loss journals, art, poetry and links for bereaved parents.

Living with Loss Foundation 719-573-4673 <http://www.livingwithloss.org/index.htm>

Grief resources for many non-funded community support groups (e.g. hospice and hospital bereavement services, funeral home aftercare services, bereavement care through churches, local support groups and emergency grief support services) on a need basis at no cost through the help of donations.

M.I.S.S. www.misschildren.org

For people who have experienced the death of an infant, toddler or young child.

General Loss Programs and Support Groups

N. Reading Stoneham	Compassionate Friends Parents Healing Together	781-662-3885 (Trudy Sevier) 617-727-7908 x21 (Bobbi Goldman)
Danvers	Center for Grief and Healing Children's Support Group and Camp	978-774-7566

Perinatal, Stillbirth or Infant Death Support Group

Beverly	Infant Loss Support Group	978-922-3000
Newburyport	Pregnancy Loss Group	978-552-4572
Salem	Fetal and Newborn Loss	978-741-1215 x4832/4830

Other Support Groups

Methuen	Loss through Suicide-The Samaritan's	978-465-6100 (Newburyport)
Lawrence	Loss through Homicide-OMEGA (bi-lingual)	617-776-6369

Private Counseling Referrals

North Shore Counseling	Free information/referrals	978-741-1321 or 978-759-8887
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Social Work-Therapy Referral Line		617-720-2828 or 1-800-242-9794
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