



## ***Suggested Resources for Adults Helping Children and Teenagers through Grief***

Donner, Chris. **Confronting the Cow**

Author shares his experience of how he and his children dealt with their grief after his wife died from breast cancer.

Emswiler, Mary Ann & Jim. **Guiding Your Child Through Grief**

Guides parents through the experience of helping children while dealing with uncertain and helpless feelings. Deals with many grief and loss issues, including; complicated mourning, step parenting and several types of death related situations.

Fitzgerald, Helen. **The Grieving Child**

Easy to read, separated into bold heading paragraph style. For parents, teachers and professionals helping children grieve.

Fitzgerald, Helen. **The Grieving Teen**

Discusses the specific issues of a grieving teen. Written for teens, but insightful for adults.

Grollman, Earl. **Talking about Death- A Dialogue Between Parent and Child**

A guide for parents and children that includes a read-a-long story for children ages 4-8 years.

Grollman, Earl. **Straight Talk About Death for Teenager: How to Cope with Losing Someone You Love.** Practical advice for helping teens.

Hoping Skills Company, LLC **A GUIDE BOOK for ADULTS HELPING CHILDREN and TEENS through SERIOUS ILLNESS, GRIEF and LOSS**

Hoping Skills Company, LLC **A GUIDE BOOK to HELP YOU PREPARE CHILDREN and TEENS for WAKES, FUNERALS and MEMORIAL SERVICES Includes Typical Grief Responses and Answers to Tough Questions Children and Teens May Ask You About Death**

Johnson & Roberts. **Thank-you for Coming to Say Good-bye**

Sensitive and helpful information on what to do before, during and after remembrance services.

Kroen, William. **Helping Children Cope with the Loss of a Loved One: A Guide for Grownups.**

Explains children's perceptions and reactions related to grief and loss. Specific strategies for infants-teenagers.

Rando, Therese. **Grieving: How To Go On Living When Someone You Love Dies.** Discusses almost every facet of loss. Information about different types of loss and coping skills for continuing to live after a loss.

Stickney, Doris. **Waterbugs and Dragonflies: Explaining Death to Young Children**

Conveys a religious based message that, "God has a plan for all creatures, more wonderful that we could ever imagine".

Trozzi, Maria. **Talking with Children About Loss: Words, Strategies and Wisdom to Help**

Information about several types of loss, separated into its own individual chapters.

Wolfelt, Alan. **Helping Children Cope with Grief**

Practical suggestions about emotional, physical and behavioral responses of children's grief.

Worden, J. William. **Children and Grief- When a Parent Dies**

Identifies risk factors, interventions and resources.